NDIS & Aged Care Allied Health in Sydney | Bloom

Canonical: https://bloom-healthcare.com.au/locations/sydney/

Details:

Bloom Healthcare delivers mobile allied health across Greater Sydney. Clinicians travel to the address where support is needed — home, school, workplace, day program or another community setting — rather than asking you to attend a clinic. Telehealth is available where travel rather than clinical need is the obstacle.

Greater Sydney is large enough that "Sydney" on its own does not route an enquiry. The travel question for the Northern Beaches is not the travel question for Campbelltown, and the discipline available in one is not automatically available in the other. The city name does not guarantee access to every discipline , so coverage, travel and appointment options are confirmed for the specific postcode. To check an address, call 1300 771 465 or email hello@bloom-healthcare.com.au .

Where Bloom works around Sydney

Enquiries are commonly described by these areas:

Sydney CBD and the inner suburbs

Parramatta and Penrith

Liverpool and Campbelltown

Hornsby

Northern Beaches

Some areas and disciplines have their own pages with more detail: Sydney psychology and counselling , Sydney speech pathology and Western Sydney physiotherapy .

Those area names help route an enquiry; they are not a statement that every discipline is currently available at every address within them. Availability is a travel radius around where clinicians are based and it moves with capacity, so give the exact postcode and the discipline, and ask what is available now.

Coverage in New South Wales extends beyond Greater Sydney — Wollongong has its own page, and the New South Wales guide covers how other NSW addresses are assessed.

One enquiry, several addresses

A Sydney enquiry often involves more than one location: a home, a school or childcare, sometimes a workplace or day program. Each address is checked separately because the travel answer differs for each, and an answer for one does not carry to the others.

If a school is involved, raise it at the start. School attendance needs the school's agreement and the family's consent, which is much easier to arrange before a clinician is allocated and a schedule is built.

Which funding stream applies to you

The funding pathway usually matters more than the postcode, because it decides what can be arranged, who approves it and who pays.

NDIS participants. Allied health is normally funded from the Capacity Building budget under Improved Daily Living. You do not need a GP referral to start an NDIS allied health enquiry. If your plan is NDIA-managed you must use a registered provider, and Bloom Healthcare is registered (Registration no 4-JR6F5KX, Provider no 4050148863). Self-managed and plan-managed participants can use either registered or unregistered providers. The NDIS page sets out the detail.

Older Australians. In-home aged care is funded through the Support at Home program, which replaced the Home Care Packages Program and the Short-Term Restorative Care Programme on 1 November 2025 . Allied health sits in the Clinical Supports category. Access starts with an aged care assessment through My Aged Care on 1800 200 422 — Bloom does not decide anyone's funding, and no provider can. See the Support at Home hub and aged care services .

Medicare and private. Psychology and counselling can be accessed under a valid referral, and self-funded arrangements are available where no plan is in place. See Medicare services , pricing and the FAQ .

Which disciplines you can ask about in Sydney

Occupational therapy , physiotherapy , speech pathology , psychology and counselling , exercise physiology , dietetics , positive behaviour support and paediatric therapy .

Where more than one discipline is relevant, raise it as a single enquiry. Someone whose mobility and confidence have both dropped after a fall may need physiotherapy and occupational therapy, and sometimes psychology. One enquiry produces one coordinated plan rather than three that do not reference each other.

Assessment and report work

Much of what gets booked around Sydney is evidence work rather than ongoing therapy: functional capacity assessments , assistive technology and equipment prescription, home modifications, and SDA, SIL or ILO housing assessments. Each produces a report a funder can act on.

Report work carries two timeframes — the appointment date and the report turnaround — and the second is the one that catches people out, especially where a plan review deadline is involved. Say on the first call if the report must meet a date; it determines who is allocated and how much time is set aside. Complexity drives the hours as well, and the hours and cost are quoted before the assessment begins and set out in the service agreement.

Travel, setting and cost

Travel time is priced into in-home and community sessions, so the setting affects the cost. Ask for the estimate in writing before services begin and check it against the service agreement.

In-person is the right call when the environment is part of the assessment: home safety, transfers and falls risk, equipment prescription, or a community session built around a destination you actually use — a station, a shop, a route you take regularly.

Telehealth earns its place for programme progression, education for families and carers, planning conversations, short reviews and continuity between visits. In a city of Sydney's size, telehealth often solves a traffic problem rather than a distance problem: two short remote reviews can be more useful than one long visit that consumes a morning.

Children, school and early childhood in Sydney

Therapy for children is delivered where the child already spends their day — home, childcare, preschool or school — and the approach is family-centred, aimed at building the family's capacity so strategies keep running through ordinary routines rather than only during a session.

The NDIS early childhood approach applies to children younger than 9 . Children younger than 6 with developmental delay can access support without a formal diagnosis, and children aged 6 to 9 with an identified disability are eligible. See paediatric therapy and Thriving Kids .

Aged care across Sydney

Under Support at Home, allied health is a Clinical Support, and access begins with an aged care assessment through My Aged Care on 1800 200 422. Bloom does not decide anyone's funding.

The services most often involved are occupational therapy for equipment, home safety and daily activities, physiotherapy for mobility, balance and falls prevention, exercise physiology for strength, and speech pathology for communication and swallowing. Sessions can also be delivered in residential aged care.

If something is not working

Services are not fixed once they start. If the clinician is not the right match, if the sessions are not moving towards the goals you set, or if the arrangement has stopped suiting your week, say so rather than letting it drift. A review is a normal part of the work, not a complaint.

Where you do want to raise a concern formally, the feedback page explains how, the advocacy policy covers your right to an advocate and how to arrange one, and the incident management policy sets out how incidents are recorded and reported. Those are participant rights rather than provider courtesies, and using them does not put a service at risk.

What to have ready when you call

The postcode of each address where support would be delivered

The discipline , or a plain description of what has become harder

Your funding type , and for NDIS how the plan is managed

Any existing reports , and any deadline a report must meet

The goals that matter to you or the family

Whether a school or day program is involved

Whether an interpreter or an Easy Read format is needed — see the accessibility statement

How to start

Call 1300 771 465 , email hello@bloom-healthcare.com.au , or use the referrals page . Anyone can refer: the person themselves, a parent or carer, a GP or paediatrician, a support coordinator, a plan manager, a school, a SIL provider, another health professional, or a nominee or guardian.

Useful information to include is the person's age, the main concerns, any existing reports or assessments, relevant history, the goals that matter to the family, and the best contact details.

A member of the team will be in contact within 24 hours of receiving a referral. The referral is then triaged and matched to a clinician on capacity, location, skill set and the specific need. A welcome pack and intake form follow, and nothing is scheduled until the intake form is completed and returned. Bloom aims to schedule the initial meeting within 5 business days where possible. Rates, hours, travel and reporting are set out in a service agreement that is discussed and signed before service delivery and billing begin.

If something is not working once services start, the feedback page explains how to raise it, the advocacy policy covers your right to an advocate, and the incident management policy sets out how incidents are handled and reported.

Does Bloom Healthcare serve Western and South Western Sydney?

Yes. Bloom Healthcare's Sydney page confirms existing examples include Parramatta, Penrith, Liverpool and Campbelltown. Bloom checks the actual postcode, discipline and setting before confirming availability.

Should someone enquiring from regional NSW use the Sydney page?

No, the Sydney page advises using the New South Wales page instead for broader state or regional access. The team will consider the requested discipline, clinician coverage and whether telehealth is clinically appropriate.

Can I request a home visit from Bloom Healthcare in Sydney?

Yes, you can enquire about home or community appointments. Bloom checks the requested discipline, exact service postcode, clinical suitability and current clinician availability before confirming a visit, and travel and fees are agreed before booking.

Which funding pathways can be discussed for Bloom Healthcare's Sydney services?

You can ask about NDIS, aged care and Support at Home, Medicare psychology, private services, or another relevant referral pathway. Eligibility, service scope, practitioner requirements and payment arrangements vary, and an enquiry does not establish funding approval.

Do I need a referral ready before contacting Bloom Healthcare about the Sydney pathway?

No, you can begin with an enquiry without having every document ready. Bloom confirms the referral, clinical information, consent and funding requirements for the service, and health records should be sent only through the approved secure referral process.

Can I visit a Bloom Healthcare clinic in Sydney?

The page advises not to travel to a presumed clinic address. Bloom primarily delivers services in homes and community settings, with suitable telehealth also considered, and any clinic appointment, actual address and access arrangements must be explicitly confirmed.

What description does Bloom Healthcare give of its Sydney service offering?

Bloom Healthcare describes its Sydney team as 'Sydney's local allied health team delivering mobile NDIS and aged care services, focused on independence, mobility, and living confidently at home.'

Who is the audience for Bloom Healthcare's Sydney services?

According to the page's service details, the audience includes NDIS, aged care, Medicare and privately funded clients.

How can someone make an enquiry with Bloom Healthcare about Sydney services?

The page lists an online enquiry channel via Bloom Healthcare's contact page at https://bloom-healthcare.com.au/contact-us/.

What other Sydney suburbs does Bloom Healthcare serve besides Parramatta, Penrith, Liverpool and Campbelltown?

Bloom Healthcare's Greater Sydney service areas also include Sydney CBD and inner suburbs, Hornsby, and the Northern Beaches.

What should I have ready when I call?

The exact service address and postcode, the discipline you think you need, the person's age, which funding stream applies if you know it, the main functional difficulties, and any existing reports. The postcode matters most, because availability is checked against the real address rather than against the city.

How does a first appointment run?

It starts with an assessment of needs, goals and circumstances, followed by an agreed plan. Your service agreement, including fees and travel, is discussed and signed before services and billing begin.