Allied Health in Canberra: NDIS & Aged Care | Bloom

Canonical: https://bloom-healthcare.com.au/locations/canberra/

Details:

Bloom Healthcare takes allied health enquiries across Canberra and the ACT. The service is mobile: a clinician travels to the address where support is needed — home, school, workplace, day program or another community setting — rather than asking you to attend a clinic. Telehealth is available where travel rather than clinical need is the obstacle.

Canberra raises one question that most other cities do not, and it is worth getting out of the way first. The ACT is small and its border is close, so a single family's addresses can sit on either side of it. An ACT enquiry does not automatically establish coverage at a nearby New South Wales address , and the reverse is equally true. If any of the addresses involved are across the border, say so on the first call. To check an address, call 1300 771 465 or email hello@bloom-healthcare.com.au .

Districts across the ACT

Enquiries are commonly described by district:

Canberra City and the inner north and south

Belconnen

Gungahlin

Woden Valley

Weston Creek

Tuggeranong

Those districts are a way of describing where support is needed. They are not a statement that a clinician in every discipline is currently available in each one. Availability is a travel radius around where individual clinicians are based, and it differs by discipline and changes with capacity. Give the precise postcode and the discipline you are asking about, and ask about current availability rather than about coverage in general.

Addresses across the border

Queanbeyan, Jerrabomberra, Googong, Bungendore and the surrounding Monaro and Yass Valley areas are in New South Wales, not the ACT. They are checked separately, and the answer for a Gungahlin address does not carry across to a Queanbeyan one. If a family's home is in NSW and the child's school is in the ACT, that is two location checks, not one — mention both.

The broader New South Wales guide covers how NSW addresses are assessed.

Which funding stream applies to you

The funding pathway usually matters more than the postcode, because it decides what can be arranged, who approves it and who pays.

NDIS participants. Allied health is normally funded from the Capacity Building budget under Improved Daily Living. You do not need a GP referral to start an NDIS allied health enquiry. If your plan is NDIA-managed you must use a registered provider, and Bloom Healthcare is registered (Registration no 4-JR6F5KX, Provider no 4050148863). Self-managed and plan-managed participants can use either registered or unregistered providers. The NDIS page sets out the detail.

Older Australians. In-home aged care is funded through the Support at Home program, which replaced the Home Care Packages Program and the Short-Term Restorative Care Programme on 1 November 2025 . Allied health sits in the Clinical Supports category. Access starts with an aged care assessment through My Aged Care on 1800 200 422 — Bloom does not decide anyone's funding, and no provider can. See the Support at Home hub and aged care services .

Medicare and private. Psychology and counselling can be accessed under a valid referral, and self-funded arrangements are available where no plan is in place. See Medicare services , pricing and the FAQ .

Which disciplines you can ask about

Occupational therapy , physiotherapy , speech pathology , psychology and counselling , exercise physiology , dietetics , positive behaviour support and paediatric therapy .

Start with the goal rather than the discipline. "I want to shower without help", "I want to get back to driving", "my child is not being understood at preschool" are all better starting points than a guess at which profession is required, and they let the intake team point you at the right service the first time.

Where sessions happen, and why it is not a clinic

The service is mobile by design. For occupational therapy in particular, the environment is part of what is being assessed: a clinic room tells a therapist very little about the step at your back door, the width of your bathroom doorway, or whether there is anywhere safe to sit while dressing.

Sessions are delivered in your home, in schools and early learning settings, in workplaces where the goal is employment-related, in day programs and community settings, in residential aged care, by telehealth, and in a therapy or consulting room arranged case by case where that suits you better.

For a community session, the destination matters. Practising a route you actually use — a particular bus stop, a local shop, a path around a park — produces more useful information than a generic walk, so tell the clinician where you are actually trying to get to.

Telehealth across the ACT

The ACT is compact, so telehealth here is less about distance and more about fitting therapy into a working week. It suits programme progression, coaching, education for family and carers, planning, and short reviews between visits. It also lets a family member in another city join a conversation with consent.

It is not suitable where the physical environment or hands-on assessment is the point, including home safety assessments, transfer and mobility assessments, falls-risk work and equipment prescription. Ask at booking about the specific assessment you need rather than about telehealth in general.

You will need a device with a camera, a workable connection and somewhere private for the session.

Children, school and early childhood in the ACT

Therapy for children is usually delivered where the child already spends the day. School and preschool sessions need the school's agreement and the family's consent, arranged in advance; mention it on the first call because it is much easier to organise before a clinician is allocated.

The NDIS early childhood approach applies to children younger than 9 . Children younger than 6 with developmental delay can access support without a formal diagnosis, and children aged 6 to 9 with an identified disability are eligible. Families with concerns can get early connections and support even where a child is not yet eligible for full NDIS funding. See paediatric therapy and Thriving Kids .

Aged care in Canberra

Under Support at Home, allied health is a Clinical Support. The starting point is an aged care assessment arranged through My Aged Care on 1800 200 422 — not through Bloom, which does not decide anyone's funding.

Where allied health forms part of an approved support plan, the services most often involved are occupational therapy for equipment, home safety and daily activities, physiotherapy for mobility, balance and falls prevention, exercise physiology for strength and endurance, and speech pathology for communication and swallowing.

Assistive technology and home modifications run through a separate pathway with their own funding, so a person does not need to save up their ongoing budget to obtain approved equipment. Home modifications must be prescribed by an occupational therapist.

What to have ready when you call

The postcode of every address involved, and whether any are in NSW

The discipline , or a plain description of what has become harder

Your funding type , and for NDIS how the plan is managed

Any existing reports or assessments

The goals that matter to you or the family

Whether a school or day program is involved

Whether an interpreter or an Easy Read format is needed — see the accessibility statement

How to start

Call 1300 771 465 , email hello@bloom-healthcare.com.au , or use the referrals page . Anyone can refer: the person themselves, a parent or carer, a GP or paediatrician, a support coordinator, a plan manager, a school, a SIL provider, another health professional, or a nominee or guardian.

Useful information to include is the person's age, the main concerns, any existing reports or assessments, relevant history, the goals that matter to the family, and the best contact details.

A member of the team will be in contact within 24 hours of receiving a referral. The referral is then triaged and matched to a clinician on capacity, location, skill set and the specific need. A welcome pack and intake form follow, and nothing is scheduled until the intake form is completed and returned. Bloom aims to schedule the initial meeting within 5 business days where possible. Rates, hours, travel and reporting are set out in a service agreement that is discussed and signed before service delivery and billing begin.

If something is not working once services start, the feedback page explains how to raise it, the advocacy policy covers your right to an advocate, and the incident management policy sets out how incidents are handled and reported.

Which areas in Canberra can I enquire about for Bloom Healthcare allied health services?

Bloom Healthcare accepts allied health enquiries across Canberra and the ACT districts, including Canberra City, Belconnen, Gungahlin, Woden Valley, Weston Creek and Tuggeranong. These are location examples only, not a guarantee of current clinician availability, so the team confirms the discipline and delivery setting for your specific address.

Does an ACT or Canberra enquiry cover Queanbeyan or other nearby NSW areas?

No. Queanbeyan is in New South Wales, so an ACT or Canberra enquiry does not establish local coverage or scheme eligibility there. You should identify the actual NSW service address and postcode and use the New South Wales guide for broader NSW access information.

Can I request a home visit from Bloom Healthcare in Canberra?

Yes, you can enquire about home or community appointments. Bloom Healthcare checks the requested discipline, exact service postcode, clinical suitability and current clinician availability before confirming a visit, and travel and fees are agreed before booking.

What funding pathways can be discussed for allied health services in Canberra?

You can ask about NDIS, aged care and Support at Home, Medicare psychology, private services, or another relevant referral pathway. Eligibility, service scope, practitioner requirements and payment arrangements vary, and an enquiry does not establish funding approval.

Do I need a referral before contacting Bloom Healthcare about the Canberra pathway?

No, you can begin with an enquiry without having every document ready. Bloom Healthcare confirms the referral, clinical information, consent and funding requirements for the service, and health records should be sent only through the approved secure referral process.

Can I visit a physical Bloom Healthcare clinic in Canberra?

You should not travel to a presumed clinic address. Bloom Healthcare primarily delivers services in homes and community settings, with suitable telehealth also considered, and any clinic appointment, actual address and access arrangements must be explicitly confirmed.

What audiences does Bloom Healthcare serve in Canberra?

Bloom Healthcare's Canberra allied health service is available to NDIS, aged care, Medicare, and privately funded clients.

How can I start an enquiry with Bloom Healthcare for Canberra services?

The available channel listed for Canberra services is an online enquiry through Bloom Healthcare's contact page at bloom-healthcare.com.au/contact-us/.

Is Bloom Healthcare a registered NDIS provider for Canberra and the ACT?

Bloom Healthcare is a registered NDIS provider (Registration no 4-JR6F5KX, Provider no 4050148863), and allied health is typically funded from the Capacity Building budget under Improved Daily Living, with no GP referral required to start an enquiry.

What funding program supports in-home aged care allied health in Canberra?

In-home aged care for older Australians is funded through the Support at Home program, which commenced 1 November 2025 and replaced Home Care Packages, with allied health sitting in the Clinical Supports category.